

Food Tables

# D30	Item
1	Dried Fruit
2	Dried Meat
3	Salted Meat
4	Fresh Fruit
5	Dried Vegetables
6	Dead Animal Carcass
7	Nuts, Mixed
8	Canned Meat
9	Rations, Normal, 1wk
10	Healing Fruit
11	Sugar
12	Spices
13	MRE's
14	Fowl/Reptile Eggs
15	Canned Fruit
16	Fresh Vegetables
17	Flower, Baking
	a. wheat
	b. corn
	c. white/bleached
18	Boxed Noodles
19	High Energy Fruit
20	Potable water, fresh, standing/running, unlimited supply
21	Provisions, light, 1 wk
22	Dessert Foods
23	Living semi-mobile edible aggressive plant
24	Potable water, 5gl
25	Someone else's campfire
26	Cereal
27	Bread
	a. whole wheat
	b. corn
	c. white/bleached
28	Large Fish
29	Provisions, Normal, 1wk
30	Beans, Dried
31	Canned Vegetables

D100	*Meals Worth
1-10	0.5
11-15	8
16-20	7
21-29	6
30-40	2
41-67	1
68-74	5
75-83	3
84-88	4
89-94	9
95-100	10

*Average Human Sized Consumption

Animal Food Value Table

Size	# of Days	# Meals
Very small	0.25	0.75
Small	0.5	1.5
Medium	1.5	4.5
Large	3	9
Huge	6	18
Gargantuan	12	36